

Athletic Handbook

2017-18



COUGARS

CRISTO REY COLUMBUS

400 E. Town Street Columbus, Ohio 43215

2017-2018 CRC Athletic Handbook

I. Philosophy

Cristo Rey Columbus seeks to educate the whole student and prepare them for success beyond high school. With this goal in mind Cristo Rey Columbus recognizes the benefits of athletics and extra-curricular activities in this process. These activities assist in character development while teaching discipline, hard work, teamwork, and leadership. Participation in these activities contributes to the social, emotional, and physical health of our students while also promoting a sense of belonging among peers and the greater Cougar community.

Our athletic and extra-curricular teams will seek to achieve excellence in all they do. Through this quest for excellence our teams and athletes will discover continual improvement and growth. Our teams will strive to win but NEVER at the expense of character, over all well-being, or the founding pillars of our school. All Cristo Rey Columbus athletes should be known for their character and class; humble in victory and gracious in defeat.

II. Goals

- a.** Athletics and extra-curricular activities are an arena to teach and reinforce the founding pillars of Cristo Rey Columbus.
- b.** Athletic and extra-curricular arenas are used to teach positive character development.
- c.** Athletics and extra-curricular activities are used to enhance each student's feeling of belonging in the Cougar community.
- d.** Athletic and extra-curricular arenas are used to enhance the positive reputation of Cristo Rey Columbus.

III. Responsibilities Spectators & Parents/Guardians

Spectators, including parents/guardians, who in the judgment of the principal, athletic director, and/or the site administrator, behave in ways that are inappropriate and in violation of the CRC guidelines will be warned about the behavior and then, if behavior persists, will be asked to leave the competition immediately.

a. Responsibilities of Spectators

- Attempt to understand and be informed of the playing rules.
- Appreciate a good play no matter who makes it, Cougar or opponent.
- Show compassion for an injured player; applauds positive performance, is encouraging to all student athletes.
- Never to heckle, jeer or distract players nor use profane or obnoxious language and behavior.
- Respect the judgment and strategy of the coach, and do not criticize players or coaches for loss of game or decisions made during a game.
- Respect property of others and authority of those who administer the competition.
- Respect officials and accepts their decisions without gesture or argument.

b. Responsibilities of Parents/Guardians

- Parents/Guardians, as spectators, are expected to exhibit good sportsmanship at all times.
- Encourage your child and team – be enthusiastic – show school spirit.
- Maintain a positive attitude whether your team is winning or losing.
- Refrain from being insulting or showing bad sportsmanship during the competition.
- Respect the judgment and strategy of the coach.
- Do not criticize players or coaches for loss of game, match or meet.
- Any problems or concerns should be brought to the attention of the coach or the athletic director at another time. Please call the school to make an appointment.
- Help your athletes learn sportsmanship and character through success and failure.

IV. Athletic Affiliations

Cristo Rey Columbus is a member of the Ohio High School Athletic Association (OHSAA). With this understanding, all OHSAA bylaws and regulations will be adhered to. CRC will also explore potential league membership options.

V. Participation Requirements

a. Cristo Rey Columbus Student Athlete Responsibilities

As a student athlete at Cristo Rey Columbus you should only participate in activities that have a positive reflection on faith, family, team and school. You should not do anything that would violate team guidelines or breach the student handbook or athletic handbook. In addition, each coach and each team will develop expectations unique to their respective program.

A Cristo Rey Columbus Student Athlete's Responsibilities include but are not limited to the following:

- Remember that academic performance is your primary responsibility.
- Read, familiarize yourself and comply with policies outlined in the Athletic Handbook, School Handbook, and your coach's specific set of team policies.
- Treat advisors, coaches and opponents with respect.
- Respect officials and accept their decision *without* argument or gesture.
- Exercise self-control at all times, setting an example for others to follow.
- Win without boasting, lose without excuse and never quit.
- Return any equipment; uniforms issued to athletes must be returned in the same condition at the end of the activity. Equipment that is lost, damage or stolen is the responsibility of the participant, and it is the responsibility of the participant to make restitution to the school.
- Report any injury to the coach no matter how slight the injury may appear. If the injury requires a physician's care, the participant must have written permission from the doctor before returning to the activity.
- Maintain superior school attendance and attend classes the day of, and after, a competition.

- Extracurricular activities are not an excuse for being tardy on the day following a competition.
- **Always remember that you represent Cristo Rey Columbus High school and the community, and it is a privilege.**

b. Ohio High School Athletic Association Guidelines

As a school member of the OHSAA, Cristo Rey Columbus High School must adhere to OHSAA bylaws and sports regulations. The OHSAA sets specific standards for high school athletics and competition for in season and out of season competition. Failure to comply with OHSAA standards jeopardizes the schools' membership, its sports seasons, and more importantly, its integrity. It is the responsibility of the school's administration to implement all OHSAA standards into the school's athletic program. It is the responsibility of each coach and student athlete to adhere to the OHSAA standards implemented by the school's administration.

c. Required Forms

1. Physical Examination
2. Consent Form
3. Athletic Contract
4. Ohio Department of Health Concussion Sheet

d. Academic Eligibility Standards

Although the OHSAA maintains minimum eligibility criteria, Cristo Rey Columbus maintains its own eligibility standards. Athletic eligibility requirements will be determined according to student's grades at the end each grading period (Report card distribution day). Students cannot have two or more "D's" OR a single "F" to remain eligible to participate in athletics. If a student becomes ineligible, Eligibility can be regained at the next progress report distribution if all grades are 70% or better.

e. Team Guidelines

In addition to guidelines in the school handbook and athletic handbook, the coaches for each team will determine team rules and communicate them to the team members. Athletes are responsible to abide by these rules.

VI. Admissions

Admissions will be taken at all home games for all sports. Admission to JV/Varsity games is \$5.00 for adults and \$3.00 for students and senior citizens. Admissions are subject to change each year, according to school and/or league stipulations. All CRC faculty and staff will receive free admission to all home games except tournaments. All volunteers will receive free admission to the games at which they are volunteering.

Volunteer Opportunities

Parent volunteers are needed to help school teams. If interested please contact Athletic Director Juan M. Garcia at 614-223-9261.

Athletics Contract

The following principles are understood to be in effect for an athlete involved in the Cristo Rey Columbus Athletic Programs:

Due to the varied talents of the athletes on each team, playing time is not guaranteed. It is the intent of each coach to get each player quality minutes during the season. Encourage your student to work hard to improve his/her talents so that they will be an intricate part of the team.

Excused absences include those mentioned in the CRC Handbook. Any other absences need the coach's prior permission to be excused. Please schedule vacations, doctor appointments, and dental appointments so as not to conflict with practice or games.

It is the parent's responsibility to transport their students to and from practices and games.

I have read this handbook and contract and will abide by all it contains.

Athlete's Signature: _____

Parent's Signature: _____

Date: _____